

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Playground Game

## Needed Materials

Nothing

## How To Play

There are many opportunities to practice all sorts of concepts at the park. To practice up and down try some of these ideas:

- Roll a stick up and down the slide
- Climb up stairs and go down the slide
- Jump up and down on a bridge
- Walk up and down the stairs
- While swinging, push your child up and then let he/she "fall down" as he/she swings back down
- Throw wood chips up and watch them fall down
- Climb up a slide and then fall down

## Other Concepts To Target

- Outside
- Inside
- Fast
- Slow

Notes To Parents: \_\_\_\_\_

Notes To Speech Therapist: \_\_\_\_\_