Top 15 "Play" Games To Encourage First Words

Below is a list of common first words and ideas on how to get your child to use them using common toys.

1. **All gone**: Say "all gone" after eating, playing with blocks, putting toys away
2. **Baby**: Look at pictures in books, play with baby dolls
3. **Book**: Point to books, read books, put blocks on top of books
4. **Bye-bye**: Wave bye-bye to everyone and every animal you see, it even works with toys
5. **Car**: Move cars around the floor, make them go down ramps, push cars over books
6. **Cookie**: Say cookie while eating cookies, put cookies in a jar, count cookies, a doll eats cookies
7. **Eat**: This is an easy one! say eat while you eat a meal, before each bite
8. **Uh – oh**: Say “uh-oh” as you drop toys or knock over blocks
9. **Shoe**: Point to shoes, put shoes on dolls, put toys in shoes
10. **Milk**: Say milk while drinking, give pretend milk to stuffed animals, point to milk in fridge
11. **Go**: Make ANYTHING go such as cars, blocks, you, animals, I like to start with ready….set….GO!!!
12. **More**: Say more when ever you have 2 of something; food, socks, books, laundry, grass
13. **Shhh**: Put animals, teddy bears, or dolls to sleep by covering them with a blanket and saying “shhh”
14. **Bug**: Dig for fake or real bugs in sand, point to bugs outside, make plastic bugs crawl around the house
15. **Ball**: Bounce balls, roll balls, throw balls – say ball before every turn

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