

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## How To Say TH

Below is a brief explanation on what all the articulators (tongue, lips, teeth, jaw, breath, voice) must do to say “th” correctly.

**Here is a picture of what “th” should look like:**



**Tongue:** The tongue sticks out “slightly” past the teeth

**Teeth:** Top and bottom teeth rest lightly on tongue

**Jaw:** Jaw is stable with teeth aligned

**Breath:** There is a continuous airflow

**Voice:** TH has 2 sounds. One is voiced and the other is voiceless. For voiced “th”, the voice box is turned on (i.e., the). For voiceless “th”, the voice box is turned off (i.e., through). To know if you are using your voice, touch your neck and say "the." You should feel a “buzz” in your throat. Now say "through" while touching your throat. You should feel nothing since you are not using your voice.

Notes To Parents: \_\_\_\_\_

Notes To Speech Therapist: \_\_\_\_\_