

Name: _____

Date: _____

How To Say S

Below is a brief explanation on what all the articulators (tongue, lips, teeth, jaw, breath, voice) must do to say /s/ correctly.

Below is a photo of what /s/ should look like:



Tongue: The sides of the tongue rest on the back molars. Say /s/ now and feel this. The tongue tip is pointed. Most will point the tip up towards the roof of the mouth behind the teeth (on the alveolar ridge). Some will point their tongue slightly down. Both are normal. Say /s/ again and feel where the sides of the tongue rest and where the tip of the tongue points.

Teeth: The teeth have a VERY SLIGHT gap to allow for airflow.

Jaw: When saying /s/, the jaw must be stable and almost in a closed position. Many times, children move their jaw forward, side-to-side, or down. The jaw should be up and centered with teeth aligned.

Breath: Airflow is continuous. It does not stop.

Voice: /S/ is a voiceless sound which means the voice box is turned off.

Notes To Parents: _____

Notes To Speech Therapist: _____