

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# How To Say R

Below is a brief explanation on what all the articulators (tongue, lips, teeth, jaw, breath, voice) must do to say /r/correctly.

**Tongue:** The sides of the tongue rest on the top back molars. Say /r/and feel this. The tongue tip is either pointed up or down. The middle of the tongue flattens out and bunches up at the same time. This means, the edges of the tongue touch the top, back molars, but the center/middle bunches up in a ball and almost touches the roof of the mouth.

**Lips:** Many children will round their lips when saying /r/ causing /r/ to sound like /w/. To say/r/ correctly, the lips should be in a neutral position or in a slight smile.

**Teeth:** The teeth have a VERY SLIGHT gap to allow for airflow.

**Jaw:** The jaw must be up and centered.

**Breath:** Airflow is continuous. It does not stop.

**Voice:** /R/ is a voiced sound which means the voice box is turned on.

Notes To Parents: \_\_\_\_\_

Notes To Speech Therapist: \_\_\_\_\_

