

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# How To Say J

Below is a brief explanation on what all the articulators (tongue, lips, teeth, jaw, breath, voice) must do to say /j/correctly.

**Lips:** The tongue is the most important. The tip and front part of the tongue is pressed up against the palate (the roof of the mouth behind the alveolar ridge or "bumpy part").

**Tongue:** The lips are in a slight pucker.

**Teeth:** The teeth have a VERY SLIGHT gap to allow for airflow.

**Jaw:** The jaw is up and centered.

**Breath:** At first, the air flow completely stops. Then after the air stops, air escapes with a rough, fricative sound.

**Voice:** /J/ is a voiced sound which means the voice box is on. Say /j/ while touching your throat. If you feel a buzz, you are doing it right!

Please say J in front of a mirror and look and feel what all your muscles are doing.

Notes To Parents: \_\_\_\_\_

Notes To Speech Therapist: \_\_\_\_\_