

Name: _____

Date: _____

How To Say F

Below is a brief explanation on what all the articulators (tongue, lips, teeth, jaw, breath, voice) must do to say /f/ correctly.

Tongue: Nothing. It is relaxed in a neutral position.

Lips: Lips are slightly open.

Teeth: The top teeth rest lightly on the bottom lip.

Jaw: The jaw must be up and centered.

Breath: /F/ is a fricative sound which means breath is constant, no breaks or stops.

Voice: /F/ is a voiceless sound so the voice box is turned off. To know if your voice box is off, say /f/ while touching your throat. If you don't feel a "buzz," you are doing it right.

Notes To Parents: _____

Notes To Speech Therapist: _____