

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# How To Say D

Below is a brief explanation on what all the articulators (tongue, lips, teeth, jaw, breath, voice) must do to say /d/ correctly.

**Lips:** Lips are slightly open and in a slight smile.

**Tongue:** The tip of the tongue is pressed against the alveolar ridge (the "bumpy part" on the roof of the mouth behind the teeth). Say /d/ and feel where the tongue is located.

**Teeth:** Teeth have a VERY slight gap. Make sure the bottom teeth are behind the top teeth.

**Jaw:** The jaw must be up, centered, and stable. Some children move their jaw down or to one side and this can cause errors.

**Breath:** /D/ is a stop or plosive sound which means the breath bursts out of the mouth upon sound production.

**Voice:** /D/ is a voiced sound so the voice box is turned on. To know if your voice box is on, say /d/ while touching your throat. If you feel a "buzz," you are doing it right.

Say D in front of a mirror and look and feel what all your muscles are doing.

Notes To Parents: \_\_\_\_\_

Notes To Speech Therapist: \_\_\_\_\_